



realPE in action at Loseley Fields



Since September 2019, the children at Loseley Fields have enjoyed the new realPE scheme by Create Development. The unique, inclusive approach creates habits and develops essential behaviours, physical literacy, emotional and thinking skills in EVERY child. Some of these skills are being demonstrated below:



Rock Paper Scissors – one of our favourite warm up games! It encourages children to move in different ways and speeds as well as have fun with friends!



Counter balance – Children can express ideas and select and link movements together with a partner.



Follow my leader – children use their imagination to travel in different ways using footwork patterns.



Ball skills – Children control the ball and move it around their body in different ways. Because of the different levels of difficulty, the children can choose the appropriate level of challenge to suit their ability.

